

Humana People to People in South Africa

Progress Report 2025

www.hpp-sa.org





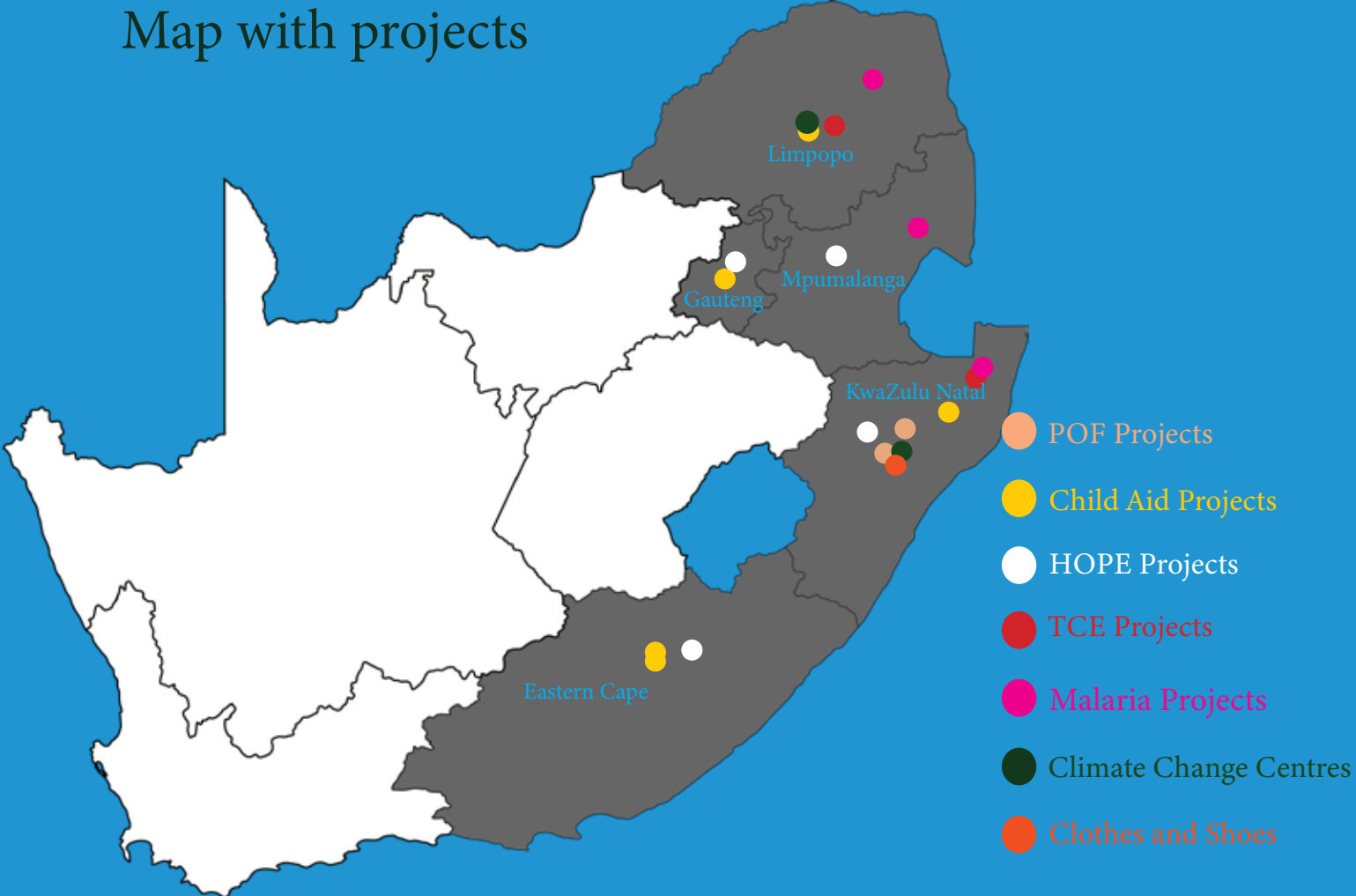
Humana People to People in South Africa (HPPSA) works side by side with communities to fight poverty, improve health, expand education, and strengthen food security-empowering people to lift themselves out of hardship and build sustainable futures.

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Map with projects



Our Partners



ABOUT HPPSA

Introduction

Established in 1995, Humana People to People in South Africa (HPPSA) has become a driving force for positive change, tackling the pressing socioeconomic challenges faced by underprivileged communities. HPPSA is a member of the international Humana People to People Movement and its first project in SA was established in Soweto in 1998 in cooperation with the SA government.

What We Do

HPPSA focuses on seven key development challenges faced by impoverished communities in South Africa:

1. Community Development

Through our Child Aid initiative, we empower communities to foster safe, nurturing environments where children can thrive. This holistic approach includes:

- Youth Skills Development: Working with youth through clubs and skills development to prepare them for meaningful, successful futures.
- Sustainable Practice: Promoting home gardening and healthy lifestyles to support stronger, healthier communities.



In 2016, we strengthened our commitment by aligning our work with the Sustainable Development Goals (SDGs) and the National Development Plan (NDP), reinforcing our dedication to eradicating poverty and reducing inequality by 2030.

HPPSA actively bridges the gap between communities, government, businesses, and civil society-working collaboratively to achieve these shared objectives.

2. Education

We provide robust preschool programs to equip children for their future educational journeys. The Preschool of the Future (POF) movement is revolutionizing early childhood education in rural South Africa by creating environments where young minds can flourish. In partnership with the KwaZulu-Natal Experimental College (KNEC), we train preschool teachers with a unique blend of humanitarian values and educational expertise.



3. Health

For over twenty years, the TCE and HOPE programs have partnered with communities to improve public health and save lives.

- **TCE:** This program provides comprehensive support to sex workers in Sekhukhune and Zululand, focusing on HIV Testing Services (HTS), behavioural change, and structural interventions. By offering integrated education on HIV, STIs, and TB prevention, the initiative works to reduce new infections while championing human rights and improving access to health and justice services. Operating directly within streets, homes, brothels, truck stops, and taverns, the program supports sex workers, their clients, and their children.
- **HOPE:** Extends outreach - health education and essential services to the broader community while providing care for orphans and vulnerable children.
- **Malaria Control:** The Child Aid projects contribute actively to the national fight and elimination of malaria.



4. Climate Change

This initiative aims to reduce environmental degradation and biodiversity loss by establishing Climate Change Centres that support nature-based solutions. Our work includes protecting landscapes to limit deforestation, restoring ecosystems like drained wetlands to sequester carbon, and improving degraded habitats. In addition to managing tree nurseries, we empower local communities through training on practical climate adaptation strategies.



5. Food Security

We support families in establishing home vegetable gardens to reduce dependence on costly, processed foods and to strengthen household nutrition. In addition, we facilitate collaborative community garden initiatives and promote healthy eating habits to improve the overall well being.



6. Skills Development

Our programs build economic resilience through tailored skills training, with a strong focus on AYP - adolescent young people and women. By providing practical knowledge, mentorship, and entrepreneurial support, we foster self-sufficiency. Investing in women uplifts families and creates safer, more inclusive environments for children.



At HPPSA, our commitment to driving positive change in South Africa remains unwavering. Through collaboration, innovation, and dedication, we continue to strive for a future where every individual has the opportunity to lead a fulfilling and dignified life.

7. Clothes and Shoes

The Sustainable Clothing and Footwear Initiative collects, sorts, and sells second-hand clothing, extending its lifespan and using proceeds to support development projects across South Africa. This reduces waste, conserves resources, and provides affordable clothing to communities.



Welcome Message

Dear Colleagues, Supporters, Valued Partners, Staff, and Stakeholders.

We are pleased to share our 2025 Progress Report, reflecting the community-led work achieved in a challenging global and local environment. Across the world, conflicts deepen humanitarian crises, diverting resources meant for children's growth. In South Africa, unemployment, poverty, and inequality remain urgent, stretching the rand earned through the hard work of the poor. These realities strengthen HPPSA's commitment to meaningful, lasting, people-driven development.

With declining international funding, we prioritised building partnerships and generating our own income. In late 2024, we launched the Clothes and Shoes Project in eThekweni. By 2025, corporate South Africa hosted Clothes Collection Containers, thousands donated quality clothing, and many—especially those on social grants and minimum wages—benefited from affordable garments. This initiative now provides sustainable income for programmes in health, education, youth skills development, and livelihoods, while creating jobs, extending the life of textiles, and protecting the environment.

Partnerships with corporate South Africa, government departments, and communities remain central to our impact. We invite partners to support the Clothes and Shoes Project through Corporate Social Investment, employee involvement, donations, and long-term collaboration.

This report highlights real progress: families receiving health services, young people gaining skills,



communities driving their own development, and vulnerable groups finding hope through inclusion and participation. These achievements are made possible by your support and the dedication of our staff.

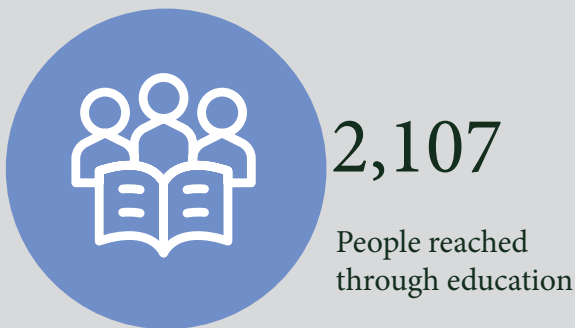
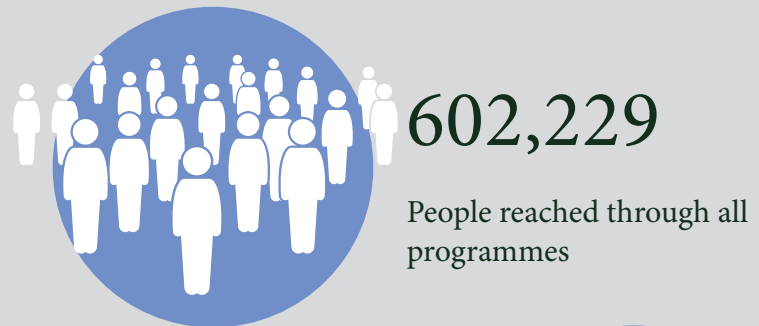
In 2025, we celebrated our 30 Year Anniversary and launched the HPPSA 2026–2030 Strategic Plan. We remain committed to strong governance, responsible resource use, and community-led, people-to-people development. Women, youth, and persons with disabilities continue to play active leadership roles across our programmes.

Together, we will strengthen resilience against climate change, food insecurity, and malnutrition.

Together, we make development possible.

Kilford Zimondi, Country Director

2025 At a Glance





Building Communities: through
Connections: By organizing people, we
create collective actions needed to build
a more resilient and supportive society.



OUR VISION AND OUR MISSION

“It is about fostering new generations with golden hearts and heads and hands, well-educated and with a personal ethic proportions, that humanized relationships of all sizes can serve as substitutes for all sorts of dehumanized phenomena.”

The Humana People to People Charter

We look upon South Africa as a country with great resources in its people, its culture, and its nature. We look upon South Africa as a country, which plays an important role in the African continent and in the world. We also look upon South Africa as a country with great challenges to be addressed in order to create a society where all people can fulfil their dreams and develop their potential.

Only by a collective effort, these challenges can be overcome.

In the spirit of solidary humanism, we will:

- Work with the people to take care of our planet and be ready to fight the challenges of climate change.

- Train and empower communities to take total control of HIV & AIDS, TB, Malaria and other pressing health matters.

- Educate, nurture and inspire children to become active and responsible members of society.

- Equip individuals and families to meet their economic needs through skills training and income generating activities.

- Empower youth and adults with professional and life skills to

play their part in development.

- Promote, advocate for and support volunteerism as an integral part of creating development that benefits both the people and the society as such.

- Practice and promote non-discrimination, global understanding, and cooperation, and contribute to creating equal opportunities for everyone.

- Deliver relief, care and support to vulnerable groups.

- Co-operate with other organisations, government departments and local structures to achieve the Sustainable Development Goals by 2030 as set out by the United Nations.



Health

Bringing care directly to the People: Our “people-to-people” approach reaches the most vulnerable through door-to-door testing and mobile units at taxi ranks and truck stops, ensuring no one is left behind in the fight against HIV & AIDS, STIs, TB, and Malaria.

Health

No one should be denied healthcare because of where they live, come from, or what they earn. In South Africa, there is an opportunity to strengthen equitable access to quality care, especially in rural and township communities.

With 84% of the population relying on the public healthcare system, innovative approaches are essential to ease pressure on facilities. By expanding reach, we can reduce untreated illnesses and build healthier communities.

Humana People to People in South Africa is proud to be part of this solution. We take services directly to doorsteps, ensuring that no one is left behind. From HIV, TB prevention, and non-communicable diseases to Maternal Child Health and GBVF support, our work is rooted in partnership. By working with the public sector and local communities, we are helping to create a healthcare system where every South African has a fair opportunity to live a healthy life.



Our People to People Approach to Health

Since inception, we have been dedicated to enhancing community health by raising awareness, delivering accessible services, and bridging the gap between individuals and healthcare facilities. Our work focuses on critical challenges including HIV/AIDS, TB, STIs, Maternal Child Health, and Malaria.

Our flagship initiative, “Total Control of the Epidemic” (TCE), empowers communities to lead their own health journeys. Guided by the vision that “Only the people can liberate themselves,” we train

local residents as Field Officers. They provide door-to-door education, mobilization, counselling, and testing.

Supported by professional nurses, our teams also screen for non-communicable diseases, STIs, and Voluntary Medical Male Circumcision (VMMC), providing bi-directional referrals. Those who test positive are seamlessly linked to care and supported through long-term treatment adherence.



Connecting Sex Workers to Better Health Services Through TCE

At the heart of our mission is an unwavering belief: healthcare is a fundamental human right, and this must fully include sex workers. The Total Control of the Epidemic (TCE) program ensures that sex workers can access quality prevention, care, and treatment services in ways that are safe, respectful, and tailored to their realities.

A central pillar is our Sex Worker Program in the Sekhukhune and Zululand Districts, where we prioritize the unique needs

of sex workers, their partners, children, and social networks. Through a comprehensive package including HIV Testing Services (HTS), behavioural interventions, and structural support, we create pathways to improved health outcomes. By providing targeted HIV/AIDS and STI education alongside TB prevention, we support sex workers to take control of their health, reduce new infections, and access essential services without stigma or discrimination.

Our approach is rooted in respect, trust, and human rights. The program addresses human rights violations through Social Workers who partner with institutions like the South African Police Service (SAPS) and the Department of Justice. Social Workers counsel sex workers and refer them for additional services.

The TCE program is peer-led. We engage sex workers where they live and work—such as streets, homes, brothels, truck stops, and taverns—ensuring services are accessible and delivered with dignity. Working in partnership with public health facilities, we strengthen the continuum of care while reducing pressure on clinics.

To advance equitable, people-to-people centered healthcare for sex workers, our work is guided by the following methods:

• Home-Based Testing

We provide confidential, high-quality health services directly within the living spaces of sex workers. This approach prioritizes privacy, comfort, and convenience, removing barriers such as stigma, distance, and cost.

• Mobile Outreach

Our mobile teams deliver services directly to sex workers in their areas of operation.



By aligning with their working hours and locations, we ensure that accessing healthcare fits seamlessly into their daily lives.

• Hotspot Outreach

We bring services into high-traffic areas where sex workers gather and operate. Through on-site counselling, testing, and prevention services, we ensure healthcare accessible on their terms, in environments where they feel safe and supported.

• Patient Index Tracing

In collaboration with local health facilities, we conduct voluntary, confidential follow-ups with partners and contacts. This ensures early access to testing, care, and treatment within sex workers' networks, strengthening both individual and community health outcomes.

• Twilight and After-Hours Services

Recognizing that sex work often takes place outside conventional hours, we provide dedicated evening and night services. This ensures that sex workers and their partners can access care at times that are practical and respectful of their livelihoods.



Program Impact & Service Delivery Summary

- **HIV Prevention & Outreach:** Reached 5,052 individuals with comprehensive HIV prevention messaging.
- **Integrated Health Screenings:** Conducted 5,052 screenings for both Tuberculosis (TB) and Sexually Transmitted Infections (STIs).
- **Testing & Results:** Provided HIV testing services to 2,238 individuals who successfully received their results.
- **Treatment Linkage:** Successfully initiated 7 newly diagnosed individuals on Antiretroviral Therapy (ART).
- **PrEP Enrollment:** Enrolled 563 individuals on oral PrEP (pre-exposure prophylaxis) for enhanced prevention.
- **Reproductive Health Services:** Administered 1,181 pregnancy tests to sex workers
- **Cervical Cancer Prevention:** Screened 2,603 individuals for cervical cancer, with 50 individuals receiving a comprehensive annual pap smear.
- **Condom Distribution:** Distributed a total of 1,669,649 condoms
- **Strategic Engagement:** Facilitated 24 stakeholder meetings to strengthen networking and partnerships.
- **Community Advocacy:** Executed 15 targeted health campaigns to drive awareness and service uptake.
- **Human right defence:** Screened 2870 beneficiaries for GBV & HRV; and conducted 27 sensitisation workshops.

Key Success

- **Empowerment & New Livelihoods:** The realization of the Economic Strengthening and Learning (ESL) program goals has been transformative, allowing sex workers to explore new livelihood opportunities from an empowered perspective.
- **Access to Justice & Legal Recourse:** As sex workers gained a deeper understanding of their rights and built trust in our support systems, there was a marked increase in the reporting of violence and discrimination, signalling a significant shift toward seeking formal justice.
- **Improved Health Outcomes:** Consistent access to screenings, prompt treatment, and steady condom distribution led to a clear decline in the prevalence of curable STIs.
- **Sustainability through Peer Leadership:** The program successfully cultivated a strong team of Peer Educators and HTS Linkage Officers. These leaders are now equipped to independently drive health and human rights initiatives, ensuring long-term impact.
- **Proactive Health Management:** We have seen a shift toward long-term health habits, including regular check-ups and treatment adherence. Notably, walk-ins at safe spaces doubled even after the reduction of professional nursing staff, proving clients are proactively taking care of their own health.

TCE Sekhukhune



Melita
TCE Beneficiary

At 28 years old, Melita had a qualification in journalism and a head full of dreams, but life took a devastating turn. After struggling to find work, Melita found herself trapped in the world of sex work and eventually caught in the grip of nyaope, drug abuse. It was a dark chapter that threatened to erase and doom her future. But in 2025, the first spark of change arrived through Mapula Magampa, an HPPSA Peer Educator.

Mapula is a former sex worker, and our model is built on the belief that those who understand our struggles are often the ones best equipped to lead us out of them. Mapula provided more than just advice; she provided consistent and non-judgmental support. However, recovery is rarely a straight line. When Melita continued to battle drug and substance abuse, our team recognized that she needed a higher level of care to match her strong desire for change. On 16 May 2025, the TCE Sex Worker (SAW) team moved swiftly. Recognizing Melita's plea for help, they coordinated with the Lehlabile Rehabilitation Centre to secure the professional intervention she desperately needed at no cost to her.

This is the essence of our work: acting as the connective tissue between a person in need and the resources that can save them. We know that healing doesn't happen in a vacuum. On 29 May 2025, the team reached out to Melita's family. In a beautiful display of Ubuntu, her family responded with overwhelming love and support, eager to welcome their daughter and sister back from the brink. With her family's blessing and the team's guidance, Melita was admitted to rehabilitation on 30 May 2025. The warmth she felt upon her arrival was the final confirmation she needed, she was no longer alone.

Melita's gratitude says it all: "I believe after this, my life will never be the same again" Melita's story is a profound reminder that with the right combination of peer-led intervention, family involvement, and professional partnership, no one is ever "too far gone." We are not just helping people recover; we are helping them rebuild their lives so they can write their own next headlines.

From Isolation to Visibility and Hope



HOPE

At its core, the HOPE Project is built on the power of unity, linkage and collectiveness for services. We believe that when rural communities organize, they can effectively break the cycle of illness and suffering. The project provides essential support to disadvantaged areas burdened by HIV/AIDS, TB, and non-communicable diseases (NCDs) by strengthening local health services, connecting and linking the people to services.



Our holistic approach empowers the community to take collective action through:

- Clinical Support: We facilitate HIV testing services, TB, STIs interventions, PrEP & PEP access, and PMTCT services, while providing patient escorts and referrals to care and treatment at government health facilities and others.
- Resilience Building: We establish “adherence clubs” and TRIOs, thereby fostering social support necessary for long-term care and treatment success.
- Social & Economic Well-being: Our work extends beyond the clinic, addressing gender-based violence, supporting orphans and vulnerable children, and promoting viable economic practices to ensure sustainable health.

The HOPE Project is changing how communities talk about and manage long-term illnesses, helping people take back control of their health. In 2025, the project reached major goals that strengthened community health and improved people's well being. Our achievements included:

- 126,583 people reached through HIV/AIDS and STI outreach and education.
- 116,007 individuals screened for Tuberculosis (TB).
- 59,398 people provided with HIV Testing Services
- 833,903 condoms distributed to promote safer sexual practices.
- 4,819 patients successfully referred and escorted to health facilities for further clinical management.
- 2,530 people supported with

long-term treatment adherence through the TRIOs and adherence clubs.

- 992 individuals screened for non-communicable diseases (NCDs).
- 667 families trained in home-based patient care.
- 165 people referred for psychosocial support.
- 96 males referred for Voluntary Medical Male Circumcision (VMMC).

The HOPE Project has helped improve community health services by finding more TB and STI cases during home visits and increasing people's understanding of HIV prevention, treatment, and care. With more testing and health education, we have reduced new HIV infections and helped people living with HIV stick to their treatment. By making it easier for clients to connect with clinics, we have lowered the number of people who stop treatment and reduced HIV related stigma in the community. Our all round support has also given families and caregivers the skills they need to care for loved

ones, helping build a stronger and more informed community



HOPE Johannesburg Health Metro District



Emihle
HOPE Beneficiary

The HOPE Project improves early case finding, supports HIV treatment, and strengthens families with essential care skills.

In the informal settlement of Tjovitjo, Orange Farm, 19-year-old Emihle lives a life shaped by early loss. Having lost both parents as an infant, she relies on the support from her grandmother and brother. But when it comes to her health, Emihle, like many young people, felt hesitant and overwhelmed by the thought of clinic queues and complex symptoms.

Her story took a turn when an HPPSA Lay Counsellor, knocked on her door for a routine community mobilization work. This was not just a medical check; it was an act of community care. During the one-to-one dialogue, Emihle felt safe enough to disclose her fears. She was experiencing painful symptoms and was deeply anxious about her HIV status. She mentioned experiencing specific, worrying symptoms, including pain during urination, reddish urine, and abnormal vaginal discharge.

In that moment, Neliswa the Community Health Worker provided more than just a test kit, she provided a listening ear without any judgment. While Emihle was relieved to receive a negative HIV result, her symptoms pointed to a Sexually Transmitted Infection (STI) that needed urgent treatment. Understanding Emihle's anxiety, Neliswa did not just hand her a referral letter; she accompanied Emihle to the Imbalenhle clinic that very same day. By walking beside her, Neliswa ensured that a vulnerable teenager did not slip through the cracks of the healthcare system. At the clinic, Emihle received the necessary treatment and counselling on protection and sexual health. What could have become a long-term health complication was instead resolved through a single day of dedicated support.

Today, Emihle is on her way to a full recovery. Her gratitude speaks to the heart of why we work in informal settlements: "It's not easy for many of us to go to the clinic and wait in long queues... I hope they continue operating in our area so that everyone can access convenient health services." Emihle

Emihle's journey reminds us that health is a human right, but access is often a hurdle. Through counsellors like Neliswa, we are removing those hurdles, one doorstep at a time.



Our Malaria Elimination Program

The malaria program originated as a cross-border initiative designed to accelerate the elimination of malaria across eSwatini, South Africa, and Mozambique by 2030. In strategic partnership with the Lubombo Spatial Development Initiative² (LSDI2) the Global Fund and the National Department of Health's Malaria Control Program, we are currently operational across three key South African provinces:

- Limpopo: Mopani, Vhembe, and Capricorn Districts.
- Mpumalanga: Ehlanzeni District.
- KwaZulu-Natal: uMkhanyakude District.

These operations are vital to improving regional and cross-border collaborations and elimination of Malaria in South Africa and the broader SADC region.

South Africa sits at the southernmost edge of malaria distribution in Africa. Endemic transmission is primarily restricted to low-altitude border regions within the three provinces mentioned above. Transmission is strictly seasonal, typically commencing in October and concluding in May. High case numbers generally peak following the December and April holiday periods, driven by increased population movement.



Our Role

A key part of South Africa's malaria elimination plan is using accurate case surveillance data to guide where interventions are needed most. The current projects focuses on Mobile Migrant Populations (MMPs) and other underserved communities, who often have a higher risk of

infection. Because MMPs move between high burden and low burden areas, they can unintentionally bring malaria parasites into places that are close to eliminating the disease. Addressing these gaps is therefore essential to prevent malaria from being re introduced.

In 2025, all three of our projects made strong progress and reached many people through our integrated malaria “Test and Treat” campaigns. The program’s impact across the target regions is reflected in the following 2025 figures:

- 121,405 people reached with malaria health information.
- 115,670 people tested for malaria.
- 1,081 people treated for malaria.
- 32,000 condoms distributed.
- 65 breeding sites identified and treated.
- 45 farms visited for information and testing activities.
- 20 district health campaigns conducted.
- 16 stakeholder meetings attended.



The Effects of the Project

All three projects contributed to reducing local malaria cases through foci clearing activities conducted in partnership with the Malaria Control Programme, directly supporting the national malaria elimination mandate and helping build malaria free communities. Health promotion activities equipped community members with essential malaria

knowledge, enabling them to adopt preventive behaviours and lower the risk of outbreaks. School based testing and participation in community events further strengthened youth engagement, encouraging young people to take an active role in malaria elimination efforts.

Consistent case reporting through the Notifiable Medical Condition (NMC) application improved district surveillance by ensuring accurate notification of all identified and tested cases. In support of South Africa's malaria elimination goals, the projects continued strict case investigation and surveillance by providing malaria test and treat

services to travellers from malaria endemic countries such as Malawi, Zimbabwe, Mozambique, and the Kingdom of eSwatini. These services were offered at both formal and informal entry points, including taxi ranks serving cross border travellers and farms within the catchment area.

CA uMkhanyakude



Child Aid uMkhanyakude
Successful story

It was early morning on the 15th of January 2025, and the Child Aid uMkhanyakude malaria surveillance team was heading towards the Farazela/Kosi Bay border. As one of the busiest transit points for people traveling between South Africa and Mozambique for business and leisure, this area is a critical focus for Malaria testing services. Sebenzile Gazu, the team leader for Unit 1 in Manguzi, received an urgent call from a local taxi driver. The driver, who frequently transports mobile migrant populations towards Durban, had noticed a female passenger who appeared unwell. Although he is not a medical professional, his regular interaction with our services at the taxi rank allowed him to recognize the symptoms of fever and weakness, prompting him to call for expert assistance.

Upon meeting the taxi, the team encountered a 25-year-old woman traveling with her two-year-old child. The passenger was initially hesitant and fearful of testing because she had entered the country illegally and did not have her passport. Sebenzile and the team took the time to reassure her, explaining that their sole mission was to provide health services and necessary treatment, regardless of documentation. Once she felt safe, both she and her child were tested for malaria. Both results returned positive. Under the care of our Professional Nurse, Silindubuhle Mpontshane, the mother and child were immediately started on the approved malaria treatment, Coartem.

Following strict malaria treatment guidelines, the team provided the mother and child with biscuits and fresh milk before administering the medication. Nurse Silindubuhle then monitored them closely for 30 minutes to ensure the treatment was retained and that no vomiting occurred, which would have required a repeat dose. After the observation period, both patients were stable and cleared to continue their journey. The relief was shared by everyone involved; the driver was confident his passengers were safe for the long trip to Durban, and the mother was visibly relieved to have received help for herself and her child.

While the nature of migrant travel meant the team could not perform a long-term follow-up, the immediate intervention likely prevented a severe health crisis. This encounter has strongly encouraged our Community Health Workers to intensify their health promotion talks and pamphlet distribution. More importantly, it serves as a clear reminder that active stakeholder engagement especially with the transport sector, is vital if we are to achieve the goal of malaria elimination.

**Working Together at the Border to
Protect Our People and Eliminate
Malaria.**

A woman wearing a blue jacket, a yellow shirt, and a green wide-brimmed hat is standing in a field of large green leafy plants, likely cabbages. She is holding a hose and spraying water onto the plants. The field is surrounded by dense green trees and foliage under a clear blue sky. The text 'Community Development' is overlaid in large white letters across the middle of the image.

Community Development

Empowering Communities through Collective Action: We believe that “only the people can liberate themselves,” and we work and partner with communities to tackle community development needs from within, placing people at the centre of every solution.

Our Community Development Program: Putting People First

Our programs transform individual strengths into a collective movement for positive change. At the heart of our work is Child Aid, an initiative designed to empower children and families to take charge of their own wellbeing. Humana People to People in South Africa is dedicated to working alongside communities facing the hardships of poverty, ensuring every child grows up in a safe, healthy, and enriching environment.



Our community projects focus on creating a protective and caring atmosphere for every child. We ask the big questions: How do we care for one another? How does education open new doors? How do we mobilize communities for Maternal and Child Health? Above all, we strive to protect our environment while recognizing that we are all part of one humankind, regardless of our cultural or ethnic backgrounds.

In Child Aid, we bring people together to make real change. We help families improve their livelihoods through small income generating

activities, support healthier living, strengthen local skills through trainings, and build better community through garden farming. By celebrating our rich and vibrant culture, we believe that working together is the strongest way to create a sustainable and hopeful future for everyone.

We are proud to foster this development across South Africa, operating in five key districts spanning four provinces. Our impact reaches the Eastern Cape in OR Tambo and Joe Gqabi, Gauteng in Regions C and D, Limpopo in Sekhukhune and Waterberg, and KwaZulu-Natal in the Zululand district.

Our Child Aid Projects

1. Child Aid Doornkop

Since its establishment in 1998, Child Aid Doornkop has evolved into a cornerstone of community development for Humana People to People in South Africa (HPPSA). As one of our most impactful initiatives, the project is dedicated to improving the living standards of children within the informal settlements of Doornkop in Soweto, City of Johannesburg. Our mission is to provide essential educational support for children, nutrition,

emotional care, empowering vulnerable children to break the cycle of poverty and reach their full potential. Over nearly three decades, the project has continuously adapted to meet the changing needs of the community, building strong, lasting partnerships with local, district, and provincial government structures to ensure sustainable growth and support for the next generation.



2. Child Aid eDumbe

Launched in January 2024, the Child Aid eDumbe Project is a dedicated maternal and child health initiative designed to transform the wellbeing of mothers, pregnant women, their partners, and children under the age of five. The project provides continuous support throughout the journey of parenthood, offering essential care both before and after birth to ensure the healthy development of the child. Operating in the Zululand district of north-western KwaZulu-Natal, the project spans a diverse geographical landscape from deep rural and semi-rural villages. Our project reaches 34 villages

served by seven key health facilities: Ophuzane, Friesgewacht, Luneburg, Prince Mhlosheni, Town Clinic, Hartland, and the eDumbe Community Health Centre.

A key part of the programme is its daily work with Early Childhood Development (ECD) centres. The project works with the Department of Basic Education to support the ECD centres to be registered. Working closely with the Department of Health, the project provided important health screenings and annual assessments for young children.



3. Child Aid Mthatha

Since its launch in 2019 with funding from the National Department of Social Development, Child Aid Mthatha has been a vital HPPSA project dedicated to creating safe, healthy, and thriving environments for children. By working with the communities, the project actively addressed the most pressing challenges affecting young people today. A key feature of the project is the creation of vibrant in-school and out-of-school clubs, where children engaged in activities that fostered their personal growth and development. To ensure long-term stability for these children, the project empowered

families to run income-generating activities, such as garden farming and women savings clubs that provide the financial resources necessary to meet basic household needs. Beyond economic support, the project prioritized environmental education and civic engagement for the communities. Families were trained in environmental care and mobilized to take an active role in community life, from participating in local meetings to leading collective actions. This holistic approach ensured that the entire community is organized and equipped to improve the general quality of life.

4. Child Aid King Sabata Dalindyebo And Mogalakwena

Launched in May 2023 and set to conclude in December 2025, this initiative demonstrated a powerful model for community resilience across Districts we operate in. The project first started in Mthatha, Eastern Cape, within the King Sabata Dalindyebo (KSD) Municipality, before its successful replication in October 2024 across the Leyden and Mabula villages of Mogalakwena Municipality in Waterberg District of Limpopo Province. Building on collaborative foundation laid in 2020, the project was instrumental in establishing Village Action Groups (VAGs) in Mthatha. These groups serve as vital hubs for community driven mobilization, ensuring local participation remains at the heart of every intervention.

Through the Village Action Groups (VAGs),

families were supported in a number of program elements that met their immediate needs while helping them build long term stability. The people who were active in the VAGs worked together to identify challenges and created local solutions. The program focused on practical activities like backyard gardening and small income generating projects, helping households become more self-reliant and improve their nutrition.

Beyond food support, the people took the lead in protecting the environment through tree planting and sustainable gardening practices. By linking everyday livelihoods with climate change awareness and action, the initiative strengthened communities and helped build a more sustainable future.



The projects performed exceptionally well during the reporting year, with these activities successfully reaching and benefiting the communities where we operated.
2025 Impact Report:

Health & Wellness

- People reached with health and hygiene information: 4,481
- Condoms distributed: 923,257
- Health campaigns conducted: 5,449
- Exclusively breastfeeding women supported and mentored: 420
- Men mobilized to attend ANC with their partners: 31
- Families with latrines and handwashing systems: 2,002

Children & Youth Support

- Children and youth actively reached: 898
- Orphaned and vulnerable children registered: 307
- Orphaned and vulnerable children receiving services: 307

- Active preschools: 10
- Children under 5 enrolled in ECD centres: 671

Sustainable Development & Environment

- Vegetable gardens established: 2,226
- Trees planted: 1,908
- Child Aid areas established: 15
- Nurseries established: 24

Community Reach & Empowerment

- Total project participants reached: 11,243
- Families active in the project: 44,505
- People equipped with specialized skills: 217



The impact of our projects is clearly reflected in the following key areas:

- **Skills Development and Employment:** By providing youth with essential training in areas like computer literacy and home-based care, we support their transition from school to the workplace. This enhances their employability and directly contributes to reducing high youth unemployment rates.
- **Life Skills for Orphans and Vulnerable Children (OVC):** Dedicated life skills sessions have fostered personal growth and self-esteem among OVCs. These programs equip them with the knowledge and coping mechanisms needed to navigate life's challenges.
- **Food Security:** The establishment of backyard vegetable gardens has significantly improved household living standards. These gardens provide consistent access to fresh produce and create potential economic opportunities for families and the wider community.
- **Pre-School Education:** Our early childhood development programs are transforming lives by providing guidance and laying a solid foundation for lifelong learning and growth within the community.
- **Maternal and Child Health:** We have seen a marked improvement in knowledge regarding pregnancy care and danger signs, leading to higher attendance at antenatal and postnatal services. This better birth preparedness contributes to reduced maternal and infant mortality. Furthermore, increased rates of exclusive breastfeeding and greater male involvement in parenting have created healthier, more supportive environments for both mothers and children.



CA Doornkop



Lesego Ndaba
Child Aid Beneficiary

Finding His Voice in the Community/A Future Built on Resilience

“I am because we are.” This is the heart of our People to People philosophy, and nowhere is it more visible than in the journey of Lesego Ndaba, a determined young leader currently completing his 12-month YES Learnership with Humana People to People South Africa (HPPSA) and serving at Child Aid Doornkop.

When Lesego joined us nine (9) months ago, he stepped into a world of challenges that pushed him far beyond his comfort zone. His story is a testament to what happens when opportunity meets commitment.

Lesego was tasked with teaching computer lessons to young people, a role entirely new to him. At first, balancing his own learning while guiding others felt like a mountain to climb. Yet through persistence and the support of his colleagues, he not only learned to use computer programs but also mastered the art of teaching. Today, he speaks with a confidence that empowers his students to embrace the digital age.

Naturally reserved, Lesego found the idea of community outreach daunting. Approaching strangers to share HPPSA's mission required courage he did not imagine he had. “I made a conscious effort to step out of my comfort zone,” he recalls. Over time, those difficult first conversations grew into meaningful connections. Lesego is no longer just a Facilitator; he is a motivator, a communicator, and a bridge between our programs and the people who need them most.

His growth extended further when he immersed himself in our vegetable garden project. Having never held a garden fork before, he learned the science of soil preparation, the patience of planting, and the joy of harvesting. This experience gave him a deep appreciation for food security and the teamwork required to strengthen families and communities.

In just nine (9) months, Lesego has transformed, evolving from a quiet learner into a multi-skilled professional capable of navigating education, agriculture, and public engagement. As he himself says, this journey has been “transformative.”

At HPPSA, we are incredibly proud to provide the mentorship and platform for young South Africans like Lesego to discover their strength. He is not simply gaining work experience; he is shaping a life of impact.





Climate Change

Connecting People, Protecting the Planet: We believe in the power of transformative programmes to unleash human potential for lasting and positive change.

Together, we can protect our land, our water, and our future.

In the face of growing environmental challenges, we are taking bold action to protect our future. By establishing Climate Change Centres, we are empowering young people to lead the way in restoring our ecosystems. From tree planting to sustainable land management, these nature-based initiatives are more than just conservation, they are a lifeline to ensure secure food and water for generations to come.



A Strategic Response to the Climate Crisis

Launched in May 2024, this initiative is a flagship partnership between Humana People to People in South Africa and the Federation Humana People to People. Set to run until December 2026, the project focuses on operating two high-impact Climate Change Centres that serve as both operational hubs for nature-based solutions and dynamic learning environments for the public.

Our work

Landscape protection: Actively limiting deforestation to prevent carbon emissions.

Ecosystem Restoration: We restore damaged wetlands so they can capture more carbon from the air and help fight climate change.

Biodiversity enhancement: Improving degraded habitats by introducing ecological diversity into areas previously dominated by single species.

Sustainable infrastructure: Establishing professional tree nurseries and improving local land management practices.

Food Security: Supporting the communities we work in to start organic

backyard gardens. The project supports families by distributing various vegetable seeds and seedlings, and by establishing low-cost nurseries in collaboration with farmers and community activists to enable local production.

Youth Leadership: Engaging young leaders in tackling the effects of climate change and promoting adaptation strategies to secure a future built on healthy, symbiotic coexistence.

Strategic Collaboration: Partnering with various government stakeholders to plan community development initiatives focused on safety, health, the environment, food security, and economic self-sustainability.

Geographic Impact and Reach

The project is positioned to tackle environmental degradation and biodiversity loss within the eThekweni District and the Sekhukhune District (Fetakgomo Tubatse Local Municipality). The scale of the project's influence is already evident in its 2025 reach:

2025 Impact Report: Climate Change Centres in Action
Our commitment to environmental sustainability is backed by real numbers and community action. Here is the progress we have achieved so far:

Community Growth & Food Security

- 30,329 total beneficiaries reached: Providing vital climate education and support to communities across targeted districts.

- 498 sustainable backyard gardens established: Strengthening local food security and promoting sustainable household land use.

Environmental Restoration & Advocacy

- 8,123 tree and vetiver grass planting campaigns: Actively restoring landscapes, preventing soil erosion, and protecting our local biodiversity.

- 15 public awareness campaigns: Engaging the broader community on climate resilience and environmental change agents.

- 8 anti-pollution campaigns: Taking a stand against local waste and environmental damage to keep our communities clean through cleaning campaigns.

Youth & Educational Engagement

- 72 schools integrated into the program: Building a foundation of environmental knowledge for children and youth within the school system.

- 118 course participants: Equipping individuals with specialized skills to lead climate initiatives.

- 22 dedicated students in the environmental club: Mentoring the next generation of climate champions or change agents.

A Lasting Impact on Community and Climate

The success of the program is evident in the tangible changes within our target communities. By establishing organic backyard gardens, we have not only strengthened local food security and production but also empowered families with direct access to fresh and sustainable nutrition.

Our reach within schools has been equally transformative. Through dedicated environmental education and outreach, we have successfully inspired a new generation of climate activists who are now equipped to lead their peers. This heightened awareness coupled with community wide

antipollution, cleaning and environmental campaigns has significantly boosted local resilience, fostering a collective commitment to maintaining a clean and healthy environment.

Ultimately, these initiatives have created a ripple effect of sustainability. From textile recycling to nature-based restoration, the community is now driving local solutions to global challenges like global warming and climate change. These efforts ensure that the fight against climate change is not just a project goal, but a lived reality for a healthier, more resilient future.

HCC eThekweni



Mr Ngcobo
Humana Climate Change Beneficiary

From Passion to Practice: A Green Vision For Khuluqgame Full Service School

Mr. Ngcobo, a teacher at Khulugqame Full Service School in KwaDabeka, Ward 20, has roots firmly planted in agriculture. Having majored in the subject and taught Agricultural Science at high school level, he brought a wealth of expertise when transitioning to primary education. Today, he channels that knowledge into the school's environmental committee, driven by a lifelong passion for the land and a commitment to addressing climate challenges.

For Mr. Ngcobo, the school's green initiatives are deeply personal. They go beyond litter management or fundraising; they prepare learners for a world shaped by climate change. The urgency is visible in the local community, where the Abolindela group lost homes and belongings to devastating floods. Now living in temporary shelters while awaiting RDP housing, their story underscores that climate change is not a distant threat but a local emergency affecting families in Durban today.

A turning point came when the Humana Climate Change Centre visited the school. This partnership provided nine trees, vegetable seedlings, and environmental awareness sessions, helping transform ideas into action. The school embraced the opportunity, sharing its vision of closing inequality gaps and becoming climate change ambassadors.

The results are tangible. A thriving garden now produces spinach, cabbage, and beetroot, supporting students-especially those from climate migrant families. Alongside the harvest, a recycling project collects paper, cans, and plastic bottles, raising funds while keeping the grounds clean. These initiatives instill essential life skills, teaching learners the importance of food sovereignty and environmental stewardship.

With an active environmental committee and a growing school club, Khulugqame is cultivating a lasting culture of sustainability. The school remains deeply grateful for the support of the Humana Climate Change Centre, whose contribution has inspired a greener, more resilient future for every student.



Education

Early Childhood Development education plays a vital role in ensuring quality learning outcomes in South Africa's rural communities.

Cultivating the Roots of Social Transformation

At Humana People to People in South Africa (HPPSA), we believe that quality Early Childhood Development (ECD) and community literacy are the vital cornerstones of social transformation.

Driven by this vision, the Preschool of the Future (POF) Teacher Training program is dedicated to improving the ECD standards in vulnerable communities. In collaboration with the KwaZulu-Natal Experimental College (KNEC), and accredited by the ETDP SETA, this initiative empowers unemployed young people, particularly women, with recognized professional qualifications.

Since its establishment as a permanent initiative in 2011, the program has consistently graduated approximately 40 teachers annually, many of whom have become successful leaders within the HPPSA structure and other organizations. By striving for universal access to high-quality early learning programmes, we are ensuring that disadvantaged children receive the solid foundation they need for lifelong success. While we celebrate these strides, achieving universal access to quality ECD remains our ongoing mission as we continue to build a more equitable future for all.



The POF Movement:

The Power of Family Engagement in Early Learning Success

Established in 2014 in KwaZulu-Natal, the Preschools of the Future (POF) Movement has evolved significantly to meet the changing Early Childhood Development (ECD) needs of our communities and align with national government policies. Recognizing that many children in marginalized areas still lack access to essential early learning, we remain committed to driving this

project forward to ensure holistic care for every vulnerable child. This urgent need sparked a strategic expansion. In 2017, the POF Movement extended its footprint to the iLembe District, and by 2023, we further scaled our services into the Mandeni and KwaDukuza areas. This ongoing expansion is set to continue through March 2027, bringing vital resources to even more families.



Our Community-Driven Approach

The POF Movement is more than just a school program; it is a community-led initiative. We support local preschools and ECD centres in Mangangeni and iLembe by mobilizing communities that lack facilities to establish their own and support the existing community-driven preschools to better standards.

To uphold the better standards, the project operates three model preschools that serve as benchmarks for improved quality. Beyond just academics, our work provides a comprehensive support system for children, teachers and tools,

including:

- **Quality Educational Programming:** Promoting equal learning opportunities for every child.
- **Opening doors to education for every learner** in every community.
- **Health and Nutrition:** Promoting physical wellness as a priority.
- **Psychosocial Support:** Addressing the emotional and social needs of our children.

2025 Impact:

Contributing to making ECD education accessible to all, regardless of background or location. In 2025 alone, the POF Movement achieved remarkable milestones in creating a stable and supportive environment for our youngest learners. Our reach extends far beyond the classroom, touching every aspect of a child's development:

Early Learning & Institutional Support

- 2,017 Pre-school children actively participating in the program and provided with nutritious, daily cooked meals.
- 38 Pre-school teachers receive ongoing professional monitoring and support.
- 20 ECD Centres successfully registered with the Department of Basic Education, ensuring long-term sustainability.

Health, Nutrition & Wellness

- 47 Nutritional gardens established and maintained within pre-schools to support food security.
- 343 Children participated in comprehensive annual health check-ups.
- 53 Child health clubs established to promote early wellness habits.

Parental & Community Engagement

- 431 Parents equipped through specialized training in parenting skills.
- 54 Parents' committees formed to lead community-driven education.
- 208 Committee members trained in leadership and school management.



From Early Stimulation to Social Transformation: The Real-World Effects of POF

The Preschools of the Future (POF) Movement creates a holistic ecosystem where children, families, and educators thrive together, resulting in transformative long-term outcomes for the community. By establishing structured, nurturing environments that prioritize early stimulation and play, the program significantly enhances primary school readiness while strengthening foundational gains in vocabulary, mathematics, and social skills. This impact extends into the home by improving parenting practices and family stability, empowering

parents to move beyond the side-lines and become active partners in their children's educational journey. Furthermore, by providing ongoing mentorship to teachers and establishing organic gardens to promote healthy nutrition, the project fosters resilient community networks built on shared responsibility. Ultimately, these combined efforts ensure that children are not only equipped for the classroom but are supported by a motivated, healthy, and collaborative environment that paves the way for lifelong success.



POF Ndwedwe



Magdaleen Brown
POF Teacher

A Vision for Excellence: Taking action with the people to build stronger early childhood development in Ndwedwe

My name is Magdaleen Brown, and I am the supervisor and teacher at Kingdom Crèche, situated at Siqondokuhle Primary School in the Makhuleseni area of Ndwedwe. In February this year, I had the great honour of meeting three (3) delegates from Humana People to People in South Africa (HPPSA) who came to visit our crèche. From the moment we began discussing Early Childhood Development, it felt like magic; we were completely on the same page, and the positive energy was truly on another level. During that visit, I was asked a question that felt like an answer to my prayers: “Would you like a scholarship to do the Level Four (4) ECD Course?” My answer was a resounding yes. I simply could not have afforded this on my own, and I am extremely grateful to HPPSA for an opportunity that has already made me feel so much more confident in my work.

Before this partnership began, we were struggling and constantly looking for food donations. Since HPPSA stepped in, the change in the children has been wonderful to see. They are now coming to school every single day, and the joy on their faces when they receive their food. Even at lunchtime, my children are happy, and that nutrition has made our lessons much more lively, exciting, and energetic. The children were equally thrilled when I brought back a packet of toys, blocks, and playdough from one of our meetings. Now, when I tell them “Miss is going to school tomorrow,” they don’t get sad because they know I will return with something special for them. In return, I only ask for good behaviour, and they certainly deliver.

While we have seen so much progress, our crèche remains in dire need of structural support. We are planning to move to a different classroom in July because our current space has holes in the roof, but the new room needs significant improvements. It requires painting, electricity connection, and floor repairs. We are still in need of mattresses, blankets, and other educational materials.. I am so thankful for everything that has been done for me and my children, and I truly look forward to our future together.





Clothes and Shoes

Promoting a Circular Economy: By collecting and recirculating second-hand clothes, we contribute to environmental sustainability while providing affordable options to underprivileged communities across South Africa.

Turning Waste into Wealth: Every Garment We Save Helps The Planet And Helps Our Communities Grow Stronger.

The fashion industry currently faces a massive challenge: the overproduction and overconsumption of textiles leads to staggering amounts of CO2 emissions. To put the environmental cost into perspective, it can take roughly 2,700 liters of water to produce just one cotton t-shirt, enough for one person to drink for two and a half years. Understanding this footprint makes it clear why the Humana Clothes and Shoes Project is so vital.

A jacket one person throws away can become a lifeline for someone else. In Pinetown, our sorting centre has become a place of real change, showing how second-hand clothes can protect the environment while helping people build better lives and have better clothes.

The Humana Clothes and Shoes Project was relaunched in November 2024 and is more than just selling used clothing. It is a smart, circular system that keeps clothes out of landfills and gives them a second chance. At the same time, it raises the money needed to support Humana People to People in South Africa's work in health, education, and community development.



Impact by the Numbers

- The environmental savings from 2025 alone tell a powerful story of conservation. We collected 107,000 kg of used clothing from the 60 collection containers. Overall, sales have been strong and encourage growth for the project, and the model can be scaled up to other areas.
- At HPPSA, we calculate that 1 tonne of clothes collected saves 6.1 tonnes of CO2 emissions. You can use this to estimate emissions saved. Over the 18 months of implementation, the project collected 134,764.44 kg and contributed to a reduction of 3,369,089 kg of carbon (CO2) and 1,347,634,400 litres of water saved.



Empowering the Community

The true power of this project lies in how it changes people's lives. Since opening our retail shop in Durban's CBD in June 2025, we have proven that caring for the planet is also good business.

But our impact goes far beyond the shop. By providing 20kg bales of clothing to women and

young people across eThekweni, we are helping them start and grow their businesses. This creates income, supports families, and gives communities access to good-quality, affordable clothing, thereby restoring dignity and opening doors to new opportunities.

A Growing Network

With 60 clothes collection containers now strategically placed across malls, schools, and filling stations in Durban, Pinetown, and Pietermaritzburg, it has never been easier to dispose of textiles responsibly. Our dedicated team in Pinetown ensures every item is collected, sorted and categorised to maximise its value. Over 86,000 pieces were sold to satisfied customers in our first year alone.

The journey of a donated pair of shoes and a piece of clothing does not end at our sorting centre; it begins there. Every donation is a brick in the foundation of a more sustainable South Africa. As we look towards another year of growth, we thank individuals, partners and donors who have turned their “waste” into the wealth of a stronger, greener community. Together, we are not just recycling clothes; we are stitching together a better future for all.



Accountability and Transparency

Humana People to People in South Africa is registered as a local NPO under the Department of Social Development and NPC under the Companies Act. As a local NGO, we are committed to adhering to the highest standards of accountability, transparency and good governance. In 2025, we qualified for a BBBEE Level One certificate from EMPOWERDEX

In 2025, Humana People to People in South Africa spent approximately ZAR 61,6 million on development projects in South Africa. The major source of funding is generated from our partnerships in development with governments, foundations, companies, organisations, and multilateral grant mechanisms for specific programmes, projects, and activities of common interest.



The Economy and Administration office is based at the organisation's National Headquarters in Pinetown, Durban. The organisation's finances are administered according to Generally Accepted Accounting Practice as required by the Companies Act. Humana People to People's accounts are audited by Nexia SAB & T

Good Governance

We are committed to the highest standards of accountability, transparency and good governance.

Humana People to People in South Africa has been certified through an external audit by ACPO SA of Switzerland for governance policies, procedures, and their implementation, using the NGO Governance Benchmark by NGO Governance Standards SA of Geneva, Switzerland. The standard was developed by Société Générale de Surveillance (SGS) to provide non-governmental organisations with a management tool designed to highlight their key strengths and weaknesses in their operations. It targets three main objectives: 1) demonstrate evidence of accountability, 2) strengthen trust with their donors, and 3) identify areas for improvement to enhance operational efficiency.

Our organisation had its first certification in 2023 by SGS

Humana People to People in South Africa is committed to absolute credible practices in its processes and functioning. We have received Accreditation for ensuring the legitimacy and principles of good governance that are in place here. It's of utmost importance that our project mechanisms are accountable and transparent to re-assure the trust of our stakeholders and partners. Our committed efforts resulted in receiving the recognition and accreditation of the stalwart work, some of which are highlighted below:



CORE VALUES

SOLIDARITY

We show solidarity in advancing the vision of Humana People to People in South Africa for the well-being of all people in South Africa.

EXCELLENCE

We constantly challenge ourselves to higher levels of performance and learning to achieve greater impact.

INTEGRITY

We act consistently with our mission, are honest and transparent in what we do and say and accept responsibility for our collective and individual actions.

PERSEVERANCE

We are steadfast in pursuing the vision of the organization no matter how challenging it is or how long it takes to reach the goal.

COMMITMENT

We work together effectively to serve the wider community.

Humana People to People Federation

Humana People to People in South Africa is a member of the Federation for Associations connected to the International Humana People to People Movement. It comprises 30 independent national member associations.

We are united in our purpose: to tackle the most pressing social, economic, environmental, and humanitarian challenges in the world.



The Humana People to People International Headquarters in Shamva, Zimbabwe

The Federation supports its members in delivering critical on-the-ground programmes across Africa, Asia, Europe, North America, and South America. This support covers programme development, project management and operations, financial management assistance, and help to advance our shared agenda and build influence through key relationships and partnerships.

The activities of the Humana People to People movement are aligned with the UN 2030 Agenda as well as national and continental development strategies. Together with the people in the communities and our numerous partners, we continue to stand by countries as they strive to meet the Sustainable Development Goals, creating lasting positive change in the process.



Connecting People, Protecting the Planet: We believe in the power of transformative programmes to unleash human potential for lasting and positive change.



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